



10. What do you feel is the main reason that you are overweight?

\_\_\_\_\_ eat too many high-calorie sweets

\_\_\_\_\_ eat too much normal food

\_\_\_\_\_ eat too much normal food and high calorie sweets

\_\_\_\_\_ I have an abnormal metabolism

\_\_\_\_\_ I have a disability that limits my movement.

What is your personal goal weight with surgery? \_\_\_\_\_ lbs

What is your main reason for trying to lose weight?

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Do you have any of the following medical problems?

Diabetes	Y/N	Arthritis	Y/N
High blood pressure	Y/N	Obstructive sleep apnea	Y/N
High cholesterol	Y/N	GERD/Reflux/ Heartburn	Y/N
High triglycerides	Y/N	Polycystic Ovarian Syndrome	Y/N
Prediabetes	Y/N	Pain? (Back, Foot/Ankle, Knee, Hip)	

Please circle all that apply

Have you ever had surgery before? Y/N

If yes, please list operations below

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Family History (Medical Conditions that run in your family)

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Do you smoke?                      Y/N

If yes, how many packs per day                      \_\_\_\_\_

How many alcoholic drinks do you drink?    0            1-3    3-5    >5  
Please circle all that apply                      Per day    Per Week    Per month

Medication list:

_____	_____
_____	_____
_____	_____
_____	_____

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Allergies:

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## Updated STOP-Bang Questionnaire

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### **S**noring?

Yes No  
  Do you **Snore Loudly** (loud enough to be heard through closed doors or your bed-partner elbows you for snoring at night)?

### **T**ired?

Yes No  
  Do you often feel **Tired, Fatigued, or Sleepy** during the daytime (such as falling asleep during driving or talking to someone)?

### **O**bserved?

Yes No  
  Has anyone **Observed** you **Stop Breathing** or **Choking/Gasping** during your sleep?

### **P**ressure?

Yes No  
  Do you have or are being treated for **High Blood Pressure**?

### **B**ody Mass Index more than 35 kg/m<sup>2</sup>?

Yes No

### **A**ge older than 50 year old?

Yes No

### **N**eck size large? (Measured around Adams apple) For male, is your shirt collar 17

Yes No  
  inches/43 cm or larger? For female, is your shirt collar 16 inches/41 cm or larger?

### **G**ender = Male?

Yes No



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